



Friends! This beautiful chart is one of many tools to help chart your course (pun intended!) so feel free to plant by this calendar and also experiment, play and explore what your own rhythms and desires inspire you to find.

		Zone 5: When to sow suggestions & # of possible sowings											
		April		May		June		July		August		Sept	
<p><i>Shortest # of Days 'til Harvest</i></p> <p>< 40 days to maturity + cold hardy (except Dill)</p> <p>Sow up to 1 month before Fall Frost*</p> <p>Zone 5: Succession Sow up to Mid-Sept</p>	Mache & Claytonia												1st
	Spinach	1st		2nd									3rd
	Asian Spinach (tatsoi)	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Purslane	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Pac Choy	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Turnip	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Kale, Collards, Chard	>>>> Generally planted once anytime and prolific all season, especially picked as baby leaves <<<<<<<<											
	Arugula	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Mesclun Mix	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Lettuce - Baby leaf	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Radish	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Cilantro	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Dill				1st	2nd	3rd	4th	5th	6th	7th	8th	
<p><i>Short # of Days 'til Harvest</i></p> <p>< 70 days to maturity + cold hardy</p> <p>Sow up to 2 months before Fall Frost*</p> <p>Zone 5: Succession Sow up to Mid-August</p>	Beets			1st	2nd	3rd	4th	5th	6th	7th	8th		
	Carrots			1st	2nd	3rd	4th	5th	6th	7th	8th		
	Kohlrabi				1st	2nd	3rd	4th	5th	6th	7th	8th	
	Lettuce - Head	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Broccoli & Raab	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Cabbage	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Fennel	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Dwarf Peas	1st		2nd	3rd	4th	5th	6th	7th	8th			
	Basil				1st	2nd	3rd	4th	5th	6th	7th	8th	
	Watermelon Radish												1st
	Perennial Herbs & Flowers	>>>> establish anytime before mid-Aug <<<<<											
	<p><i>Medium # of Days 'til Harvest</i></p> <p>< 80 days to maturity</p> <p>Sow up to 3 months before Fall Frost*</p> <p>Zone 5: Succession Sow up to Mid-July</p>	Veg:											
Bush Beans					1st	2nd	3rd	4th	5th	6th	7th	8th	
Summer Squash					1st	2nd	3rd	4th	5th	6th	7th	8th	
Cucumber					1st	2nd	3rd	4th	5th	6th	7th	8th	
Sweet Corn					1st	2nd	3rd	4th	5th	6th	7th	8th	
Flowers:													
Sunflowers - dwarf					1st	2nd	3rd	4th	5th	6th	7th	8th	
Cosmos					1st	2nd	3rd	4th	5th	6th	7th	8th	
Calendula		1st			2nd	3rd	4th	5th	6th	7th	8th		
Borage		1st			2nd	3rd	4th	5th	6th	7th	8th		
Phacelia		1st			2nd	3rd	4th	5th	6th	7th	8th		
Amaranth					1st	2nd	3rd	4th	5th	6th	7th	8th	
Nasturtiums					1st	2nd	3rd	4th	5th	6th	7th	8th	
Nigella				1st	2nd	3rd	4th	5th	6th	7th	8th		
<p><i>Longest # of Days 'til Harvest</i></p> <p>< 120 days to maturity</p> <p>Sow up to 4 months before Fall Frost*</p> <p>Zone 5: Avoid Succession Sowing - needs full season to mature</p>	Peas - Full size	1st		2nd									
	Dry/shelling beans				1st								
	Pole beans				1st								
	Peanuts				1st								
	Tomato, Eggplant, Pepper				1st								
	Ground Cherries				1st								
	Tomatillos				1st								
	Winter Squash				1st								
	Corn: Popcorn & Flour				1st								
Melon				1st									

*A note on Fall Frost: The average for Zone 5 is mid-October and remember this can span several weeks in either direction.

Zones: Add 2 additional frost-free weeks for each Zone above 5 and if you're in colder climes, anticipate frost 2 weeks earlier for each Zone below 5.

For more on the many nuances of Succession Sowing visit us at: